

CYSTIC FIBROSIS TRUST PUBLICATIONS

Our factsheets, booklets and leaflets provide information about all aspects of Cystic Fibrosis to people with CF and their families and carers. They are not intended to replace medical advice from your Specialist CF Centre or Clinic.

We also publish a range of consensus documents aimed at clinicians and healthcare professionals giving details of best practice in the clinical care of people with Cystic Fibrosis.

How to access our publications

Unless otherwise stated, all of our publications can be downloaded free-of-charge from the CF Trust website www.cftrust.org.uk, or fill in our online order form if you would like to receive copies in the post.

Factsheets

A Patient's Charter: The care of patients with Cystic Fibrosis

Benefits

Cascade screening

Cystic Fibrosis-related diabetes

Cystic Fibrosis and bone health

Cystic Fibrosis Trust Support Service

Employment

Exercise

Financial help

Finding out about Cystic Fibrosis

Higher education

Home intravenous therapy

Housing

Late diagnosis (not on web – please contact CF Trust to order)

Melioidosis and tropical travel

Nebuliser therapy

Nutrition: A guide for adults

Nutrition: A guide for children and parents

Nutrition: A guide for feeding infants

Physiotherapy – Airways Clearance

Physiotherapy – Treatment for babies and toddlers

Ports in Cystic Fibrosis

Prescription charges

School and Cystic Fibrosis

Steroid treatment in Cystic Fibrosis

The sweat test in Cystic Fibrosis

Transition from paediatric to adult care: Guide for young people

Transition from paediatric to adult care: Guide for parents

Transition from paediatric to adult care: Guide for commissioners and hospital / clinical teams

Transplantation

Urinary incontinence

Leaflets and booklets

The Facts – An introduction to Cystic Fibrosis

Cystic Fibrosis and You – A guide for children

Growing up with Cystic Fibrosis – A guide for teenagers

Dying, death and bereavement (not available online – please contact CF Trust to order)

CF and relationships (not published by the Cystic Fibrosis Trust)

Consensus documents

Laboratory Standards for Processing Microbiological Standards from People with Cystic Fibrosis.
September 2010

Antibiotic Treatment for Cystic Fibrosis

Third edition. May 2009

Methicillin-resistant Staphylococcus aureus (MRSA)

April 2008

Bone Mineralisation in Cystic Fibrosis

February 2007

[There is an addendum for this document.](#)

Pseudomonas aeruginosa infection in people with Cystic Fibrosis. Suggestions for Prevention and Infection Control

Second Edition. November 2004

The Burkholderia cepacia Complex – Suggestions for Prevention and Infection Control

Second edition. September 2004

Management of Cystic Fibrosis-related Diabetes Mellitus

June 2004

Nutritional Management of Cystic Fibrosis

April 2002

Clinical Guidelines for the Physiotherapy Management of Cystic Fibrosis

January 2002

Standards for the Clinical Care of Children and Adults with Cystic Fibrosis in the UK

May 2001

National Consensus Standards for the Nursing Management of Cystic Fibrosis

May 2001

Newsletters and magazines

CF Today

Magazine covering CF-related news, topical issues, features and other information relating to Cystic Fibrosis and the work of the Cystic Fibrosis Trust. Published three times per year.

Inspired

Newsletter highlighting the activities of our fundraisers and upcoming fundraising events across the UK. Published three times per year.

CF Talk

Straight-talking magazine written by and aimed at young adults with Cystic Fibrosis. Published twice per year (not available online – please contact CF Trust to order).

Other publications

Annual Review

Further information

If you have any enquiries about CF Trust publications, please contact:

Jacqueline Ali, Publications Manager

T: 020 8290 7915

E: publications@cftrust.org.uk